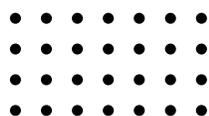




# 2025 Annual Report

Center For  
Advanced Practice

APP.UVAHS.ORG





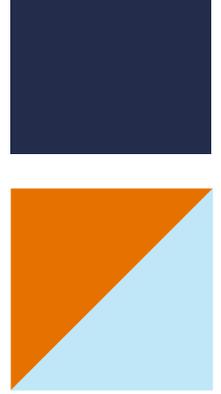
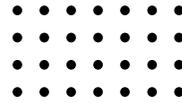
# Table of Contents

The Annual Report highlights key achievements, awards, new APP-led programs, and professional development. It also covers governance, community engagement, and service milestones, showcasing the growing impact of advanced practice at UVA Health.

## Main Topics

1. Cover Page
2. Table of Contents
3. CAP Welcome Letter
4. Center for Advanced Practice Team
5. Center for Advanced Practice Team II
6. Center for Advanced Practice Managers
7. Center for Advanced Practice Managers II
8. APP Professional Practice Highlights
9. APP Recognition and Awards
10. APP Professional Practice Highlights
11. APP Professional Practice Highlights II
12. New and Expanded APP-led Programs
13. New and Expanded APP-led Programs II
14. New and Expanded APP-led Programs III
15. New and Expanded APP-led Programs IV
16. New and Expanded APP-led Programs V
17. New and Expanded APP-led Programs VI
18. New and Expanded APP-led Programs VII
19. New and Expanded APP-led Programs VIII
20. New and Expanded APP-led Programs IX
21. New and Expanded APP-led Programs X
22. New and Expanded APP-led Programs XI
23. New and Expanded APP-led Programs XII
24. New and Expanded APP-led Programs XIII
25. APP Professional Development, Education and Training
26. APP Professional Development, Education and Training II
27. APP Professional Development, Education and Training III
28. APP Professional Development, Education and Training IV
29. APP Professional Development, Education and Training V
30. APP Professional Development, Education and Training VI
31. APP Professional Development, Education and Training VII
32. APP Professional Development, Education and Training VIII
33. APP Professional Development, Education and Training IX
34. APP Professional Development, Education and Training X
35. APP Council and Shared Governance
36. APP Council and Shared Governance II
37. APP Council and Shared Governance III
38. APP Council and Shared Governance IV
39. APP Council and Shared Governance V
40. APP Council and Shared Governance VI
41. APP Council and Shared Governance VII
42. APP Council and Shared Governance VIII
43. APP Research and Scholarly Work
44. APP Research and Scholarly Work II
45. APP Research and Scholarly Work III
46. Final Page

# Center for Advanced Practice



## Welcome Letter

Dear Colleagues,

This past year marked continued growth for the Center for Advanced Practice at UVA Health. Our APPs advanced the mission of “Transforming Health Through Meaningful Connections”—both in direct patient care and through programs that improve outcomes at the population level.

They demonstrated the pillars of clinical practice, research, education, and leadership.

In this report, you will find examples of how APPs expanded access, improved clinical outcomes, and launched innovative programs to address patient needs. They are shaping the next generation of advanced practice providers, while pursuing their own professional development. Their scholarship and leadership are now represented at local, regional, and national levels.

The Center continues to strengthen its infrastructure to support APPs and to partner effectively with clinical departments and operational leaders.



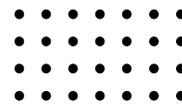
The APP Council has become a model of professional governance and its impact is evident across the health system.

The accomplishments detailed here reflect the collective commitment of our teams. As healthcare continues to evolve, the Center remains prepared to adapt and lead with innovation, collaboration, and patient-centered care.

Sincerely,

**Bill Lombardi, DNP, RN, AGACNP-BC, CCRN**  
*Administrator – Center for Advanced Practice*

# Center for Advanced Practice



## Team

### Administrator



**William Lombardi**

**RN, MSN, AG-ACNP**  
Administrator

### CAP Clinical Directors



**Kimberly Elgin**

**DNP, RN, ACNS-BC, PCCN, CMSRN, FCNS**  
Director of APP Clinical Nurse Specialists, Genetic Counselors & Center of Nursing Excellence



**Shelly Dean**

**RN, MSN, PNP**  
Director of APP Children's, Women's, and Psychiatry



**Heather Passerini**

**MBA, MS, ACNP-BC, CCNS-BC**  
Director of APP Surgical Specialties



**Lindsey Sites**

**MSN, CRNA**  
Director of CRNAs



**Christen Bird**

**DNP, FNP, AGACNP**  
Director of APP Heart and Vascular Center



**Mike Little**

**AG-ACNP**  
Director of APP Medical Specialties



**Chizoro Taylor**

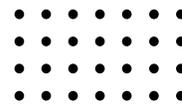
**PA**  
Director of APP Neurosciences and Oncology



**Lori J Grove**

**PhD**  
Director of Audiology

# Center for Advanced Practice



## Team II

### CAP Program Directors



**Kierah Barnes**

**DNP, RN, AGACNP, CCRN-CSC, CMC**  
Director of APP  
Professional Practice and  
Development



**Michelle Dawson**

**AGACNP-BC, RN**  
Director of APP Education  
and Fellowships



**Elyta Koh**

Director of Advanced  
Practice Programs

### Administrative Team



**Lauren Maino**

Advanced Practice  
Programs



**Ana Tortosa**

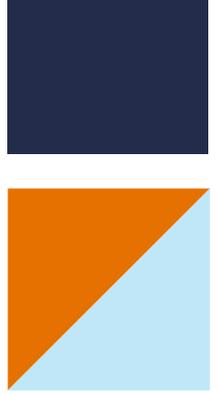
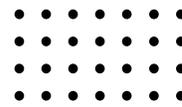
Administrative Specialist



**Joycelyn George**

**CHAM, CHAA**  
Administrative Assistant

# Center for Advanced Practice



## Managers

### Reporting to Chizoro Taylor



**Cy Lampugnale**

**PA**  
Manager, Inpatient  
Neurosciences



**Jessica Kassay-  
McAllister**

**DNP, AG-ACNP**  
Manager, Oncology  
Service Line



**Susie Herndon**

**AG-PCNP**  
Manager, Oncology  
Service Line



**Alycia Yowell-Many**

**FNP**  
Manager, Oncology  
Service Line



**Gavin MacCleery**

**PA**  
Lead APP, Outpatient  
Neurosurgery

### Reporting to Shelly Dean



**Caroline Booth**

**CNM**  
Manager, OB-GYN



**Jen Baylor**

**AC-PNP**  
Manager, PICU



**Joy Miller**

**PNP**  
Manager, Pediatrics



**Kelly Schorling**

**LCSW**  
Manager, Licensed Clinical  
Social Workers



**Sarah Lepore**

**RN, MSN, NNP**  
Manager, NICU

### Reporting to Christen Bird



**Mahesh Murugesan**

**ACNP, PHD, RN**  
Manager, Inpatient  
Cardiology



**Eileen Dearth**

**PA**  
Manager, TCV Surgery



**Emily Schneiderman**

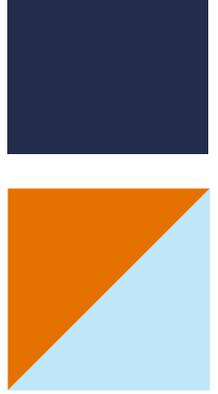
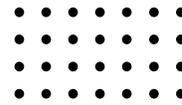
**AG-ACNP**  
Manager, TCV-ICU



**Craig Thomas**

**MSN, ACNP, CHFN**  
Manager, Outpatient  
Cardiology

# Center for Advanced Practice



## Managers II

### Reporting to Heather Passerini



**Caleb Booth**

**PA**  
Manager, Radiology



**Matthew Robertson**

**ACNP**  
Manager, STICU/SIMU  
and inpatient surgery



**Nichole Brooks**

**PA**  
Manager, ENT and Plastic  
Surgery



**Sara Rynders**

**PA**  
Manager, Orthopedic  
Surgery

### Reporting to Mike Little



**Julie Costin**

**FNP**  
Manager, Endocrinology



**Kim Bednar**

**FNP, MSN, RN**  
Manager, Primary Care



**Leah Wayner**

**ACNP, MSN, RN**  
Manager, Nephrology



**Mallory Johnson**

**AG-ACNP**  
Manager, MICU

### Reporting to Kim Elgin



**Martha Thomas**

**GC**  
Manager, Genetic  
Counselors



**Susan Ketcham**

**MSN, APRN, AGCNS-BC, CPAN**  
Manager, Clinical Nurse  
Specialists

# APP Professional Practice Highlights

## FY25 Clinical & Operational Highlights



### Patient Experience Scores

FY25 vs FY24 Annual Scores

Measure

Recommend Provider	95.7	95.3
--------------------	------	------

Staff Worked Together	96.2	96
-----------------------	------	----

### New Patients Seen by APPs

# 22,733

Patients new to UVA Health  
(≥3 years since last visit)

FYTD: Jul 1, 2024 – May 31, 2025

- 2,095 – Current Month
- 19,044 – Prior FY

+19% increase vs FY24

Outpatient APPs saw 150 more visits per APP in FY25 vs FY24

# 897

 average visits per APP (FYTD)

FYTD: Jul 1, 2024 – May 31, 2025

- 105 – Current Month
- 747 – Prior FY

### Doctoral Degrees

#### Doctorally Prepared APPs

90 APPs  
≈15% of APP workforce  
*"Estimate, data from Workday"*

### Turnover Rate

#### APP Turnover Rate

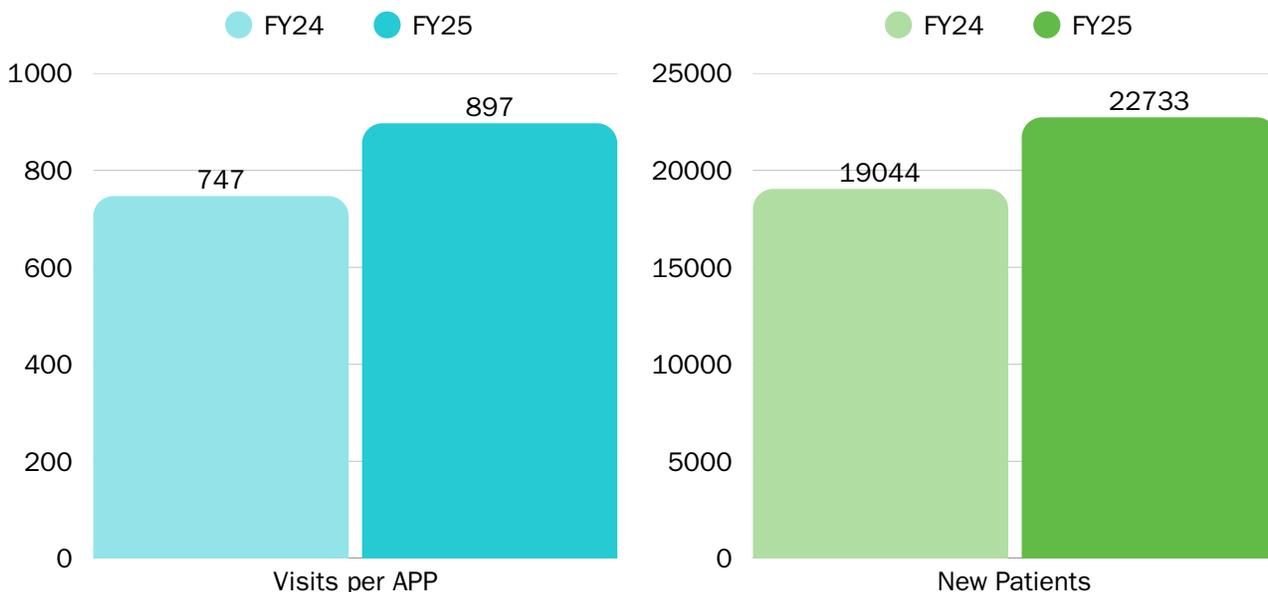
8.7%  
Below national average (10–12%)

### Productivity Fun Facts

#### APP Productivity Snapshot

800,000+ notes written  
5 million+ orders placed

## APP Visits & Total New UVA Patients



# APP Recognition and Awards

## Celebrating Excellence: Ambulatory APPs Achieve Top National Patient Satisfaction Scores

UVA Health’s ambulatory Advanced Practice Providers (APPs) have once again demonstrated the highest standards of patient-centered care. Press Ganey patient satisfaction scores for fiscal year July 1, 2024 – June 30, 2025, show consistently exceptional results, reflecting our APPs’ expertise, compassion, and ability to build strong, trusting relationships with their patients. We are especially proud to recognize a distinguished group of APPs who achieved scores in the 99th percentile nationally among providers surveyed—an extraordinary accomplishment that highlights their dedication to clinical excellence and the patient experience. Their performance not only sets a standard within UVA Health but also positions our APPs among the most trusted and respected providers across the country.

- Adams, Deborah M.
- Altizer, Kaitlyn C.
- Braden, Karen L.
- Brooks, Nichole V.
- Brown, Jenea R.
- Calabrese, Nicholas F.
- Clarke, David F.
- Collins, Angela K.
- Cross, Shelby T.
- Cubero, Jhenyfeir E.
- Dearth, Eileen C.
- Dillman, Jennifer M.
- Driscoll, Carolyn J.
- Dubroff, Christine M.
- Eccles, Jennifer M.
- Evans, Selene M.
- Fang, Christina M.
- Feiner, Emily B.
- Fogelgren, Ruth E.
- Foster, Lisa W.
- Frixione, Natalie J.
- Fuzy, Lisa A.
- Galuppo, Jana M.
- George, Katie L.
- Gorski, Janelle B.
- Gott, Kristi K.
- Grisham, Tory L.
- Haden, Kathleen R.
- Herdman, Jennifer J.
- Hirst, Amelia K.
- Howell, Dawn S.
- Kassay-McAllister, Jessica R.
- Lam, Ellen U.
- Lilly, Kristin L.
- Lowery, Carolyn A.
- Lute, Lori P.
- Marshall, Paul M.
- Miguelino, Taylor M.
- Murray, Ann C.
- Murray, Christine L.
- Myers, Lara J.
- Noell, Brooke E.
- Oakley-Whiting, Pamela A.
- Olds, Samuel C.
- Parente, Kelsey M.
- Parish-Gibson, Erin C.
- Parker, Corrie P.
- Parrish, Mark W.
- Passerini, Heather M.
- Patrizio, Allison M.
- Pillow, Keith A.
- Plowman, Nicole V.
- Prachar, Tanya L.
- Pugh, Gary M.
- Rhea, Carrielyn A.
- Roberts, Sarah E.
- Roy, Tia E.
- Rush-Evans, Shelly L.
- Sims, Terran W.
- Sites, Anita N.
- Spriggs, Sarah M.
- Sproul, John M.
- Strickler, Angela J.
- Strong, Aimee L.
- Sweet, Cassandra L.
- Taylor, Christina J.
- Tedsen, Tammy M.
- Thomas, Matthew J.
- Thompson, Reagan H.
- Turner, Cassandra M.
- Tyger, Rosemarie L.
- Tyler, Danielle N.
- Wilson, Chad B.
- Wilson, Karie A.
- Wrege, Kaitlyn C.
- Yowell-Many, Alycia A.
- Bohanan, Katelyn B.
- Choffel, Jennifer M.
- Tillerson, Corah L.
- Winegard, Julia F.
- Wulff, Tracy D.
- Dunkerley, Marissa T.
- Fainter, Darla K.
- Mayry, Katherine J.
- Newberry, Yvonne G.
- Parnarouskis, Hannah E.
- Tennyson, Erin L.
- Matthews, Caroline M.
- Murugesan, Maheswari
- Kang, Min-hee
- Lefevre, Kayce
- Burns, Diane
- Sharp, Eloise A.
- Famularo, Laura E.
- Bowles, Nichol R.
- Zimcosky-Murray, Marcelle
- Mitchner, Tia
- Bird, Christen
- Kinsella, Lissette
- Bushnaq-Aloul, Hania
- Blosser, Jennifer
- Meadows, Matthew C.
- Bonfiglio, Sarah
- Bartleski, Maria S.
- Barnes, Caitlin E.
- Roman, Amy L.
- Nahmod, Nicole G.
- Malpass, Jessica K.
- Mullis, Xiaoya
- Jones, Andrea L.
- Good, Stephanie N.
- Shannon, Kristine G.
- Shepherd, Andrea K.
- Herndon, Susan C.
- Hildebrand, Debra L.

This year, 116 UVA Health APPs achieved this prestigious milestone—up from 86 last year—demonstrating significant growth in the number of providers delivering care at the highest levels of patient satisfaction.

# APP Professional Practice Highlights

FY25 Clinical & Operational Highlights



## 2024 UVA Health APP Award Winners



**Catherine Hite**

**NP**  
Interprofessional  
Collaboration Award



**Martha Thomas**

**GC**  
Excellence In Leadership  
Award



**Brittany Harrison**

**NP**  
Excellence In Scholarship  
Award



**Stephanie McNerney**

**NP**  
C.A.R.E.S  
Award



**Aimee Strong**

**NP**  
Exceptional Advanced  
Practice Provider Award



**Theresa Guyton**

**NP**  
Outstanding Educator  
Award

## APP Recognitions and Awards



# APP Professional Practice Highlights

## FY25 Clinical & Operational Highlights II



### Recipients

- Woman of the Month for November 2024 (COWIMS) – Karen Duffy, NP
- Program Educator Excellence Award 2025 – Stephanie Good, PA
- APP Oncology Summit MVP Award – Jess Kassay-McAllister, NP
- Outstanding APRN Student Preceptor Award – Dina Hood, CNS
- Excellence in Advanced Practice Nursing Award – Stephanie Kidney, NP
- Fellow of the American Academy of Nursing – Kim Elgin, CNS
- Message to Garcia Award 2024 – Shelly Rush-Evans, NP
- Presidential Citation 2024 Neurocritical Care Society – Dea Mahanes, CNS
- Fellowship Class by Zero to Three Member 2024-2026 – Stephanie McNerney, NP
- Robinson Faculty Award 2025 – Malinda Whitlow, DNP
- VCNP'S 2025 NP Advocate Award – Ashley Apple, DNP

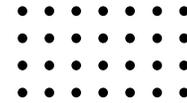
### Elections

- Elected President of the American Association of Heart Failure Nurses – Craig Thomas, MSN, RN, ACNP-BC, CHFNP

### Daisy Award Nominees

- Elizabeth Amoruso, PNP
- Lisa Goldstein, CNM
- Kimberly Higginbotham, PA
- Sam Beishline, PA
- Anita Sites, AG-ACNP
- Elizabeth Lester, AG-ACNP
- Laura Dubose, RN, MSN, AG-ACNP
- Karen Duffy, AG-ACNP
- Rhoda Shulaw, MSN, ACNP
- Stacy Hosenfeld, AGACNP-BC
- Angela Stickler, AG-ACNP
- Barbara Baxter, MSN, AG-ACNP
- Timothy Evans, AG-ACNP

# New and Expanded APP-led Programs



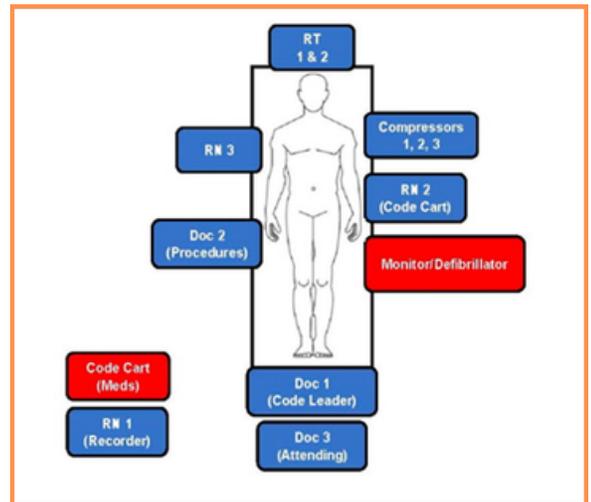
## High-Stakes, High-Impact: UVA's Advanced Life Support for Post-Cardiac Surgery Patients

The Cardiac Surgical Unit Advanced Life Support (CSU-ALS) program at UVA Medical Center is a specialized resuscitation protocol designed for post-cardiac surgery patients experiencing cardiac arrest within ten days of a median sternotomy.

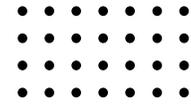
Unlike standard ACLS, CSU-ALS addresses unique challenges like fragile suture lines and reversible causes such as cardiac tamponade or hypovolemia, prioritizing rapid and safe restoration of hemodynamic stability. The program's strength lies in its interdisciplinary collaboration, particularly among registered nurses (RNs) and advanced practice providers (APPs), who lead and coordinate all training courses and frequent mock code sessions. This critical care team, which also includes APP fellows, anesthesia critical care fellows, intensivists, and residents in the Thoracic and Cardiovascular ICU (TCVICU), ensures seamless execution of the protocol's six distinct roles, from rhythm assessment to emergency resternotomy within five minutes.

RNs and APPs are central to the program's success, driving comprehensive training and ongoing preparedness through regular, realistic mock codes that enhance team coordination across disciplines. This rigorous training enables the TCVICU team to respond swiftly, initiating defibrillations or pacing within one minute, followed by CPR and targeted interventions for reversible causes if needed.

The program's outcomes reflect its efficacy: 73% survival to hospital discharge, with 81% of those survivors maintaining neurologically intact function. By leveraging the leadership of RNs and APPs in training and fostering robust interdisciplinary collaboration, UVA's CSU-ALS program achieves exceptional results in post-cardiac surgery resuscitation and has proven a leader in CSU-ALS program development and sustainability across the country.



# New and Expanded APP-led Programs



## From Pilot to Proven Success: How UVA's HVC Warfarin Clinic Transformed Cardiac Patient Care

What started as a three-month pilot in July 2024 quickly became a transformative solution for cardiac surgery patients at UVA Health. Spearheaded by Rhoda Shulaw, MSN, ACNP-BC, the HVC Warfarin Clinic was born from a clear need: cardiac patients were facing delayed discharges and poor follow-up care due to the lack of reliable Warfarin management.

Rhoda took the initiative to build the clinic from the ground up—navigating policy barriers, referral processes, billing complexities, technology challenges, and staffing needs. Along the way, she secured her autonomous practice license, granting her independent practice authority to run the clinic and directly manage patient care.

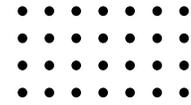
Her efforts led to reduced hospital stays, better patient education, improved continuity of care, and even the ability to prescribe home INR meters for safer, more accessible monitoring. Patients who received follow-up through the Warfarin Clinic had significantly lower 30-day readmission rates and shorter average lengths of stay post-surgery compared to those without clinic follow-up, highlighting the clinic's positive impact on outcomes and care efficiency.

By tailoring care through video visits, direct patient counseling, and individualized discharge plans, the clinic has not only streamlined workflows for providers but improved outcomes for some of UVA's most vulnerable patients. A five-year analysis is now underway, comparing cardiac surgery patients discharged on Warfarin—with and without follow-up from the clinic—from July 2020 to June 2025. Today, the clinic stands as a model of nurse-led innovation and a testament to what can happen when determination, collaboration, and patient-centered care come together.



**Rhoda Shulaw**  
MSN, ACNP

# New and Expanded APP-led Programs



## Charting New Territory: Full Scope of Practice



**Dina Hood**

**MPH, MSN, APRN, ACCNS-AG**

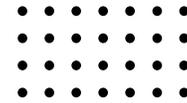
Clinical Nurse Specialists (CNSs) are integral to advanced clinical practice at UVA Health, bridging expert direct care with systems-level leadership to improve patient outcomes across complex health systems.

As Advanced Practice Registered Nurses (APRNs), CNSs possess advanced competencies in assessment, diagnosis, and treatment—prescribing pharmacologic and non-pharmacologic therapies, interpreting diagnostics, and managing care for defined specialty populations. Their role spans all three spheres of impact: patient, nursing, and organizational outcomes, enabling them to drive high-value care through both hands-on practice and strategic system improvements.

In alignment with UVA Health's commitment to top-of-license practice for all APPs, CNSs are increasingly expanding their clinical scope to practice at full capacity. This evolution is foundational to transforming care delivery, optimizing access, and supporting clinical excellence across the continuum.

The Center for Advanced Practice continues to support this ongoing journey through strategic role development, interprofessional collaboration, and partnership with operational and physician leaders. The evolution of CNS practice at UVA Health is not one-size-fits-all; each CNS applies their advanced clinical expertise in ways uniquely suited to the needs of their specialty population, care setting, and interprofessional team.

# New and Expanded APP-led Programs

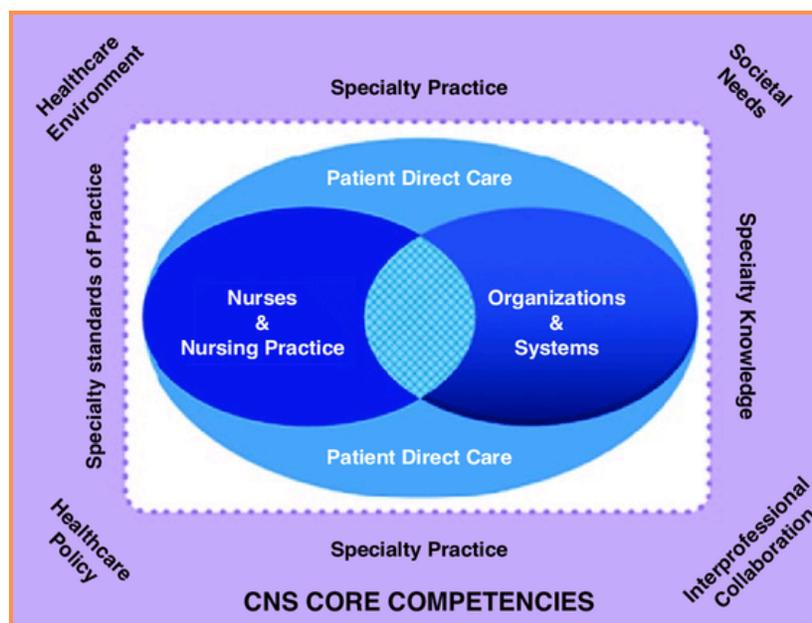


## Charting New Territory: Full Scope of Practice

One exemplar of expanded practice is Dina Hood, MPH, MSN, APRN, ACCNS-AG, whose specialty population is Emergency Medicine. Dina is among the first CNSs at UVA Health to fully realize the clinical scope afforded to CNSs. In her role, she staffs alongside physician assistants and nurse practitioners in the Emergency Department's Rapid Medical Evaluation (RME) unit.

In this setting, she provides care to patients, including performing histories and physicals, ordering and interpreting diagnostic tests, prescribing treatments, performing privileged procedures, and documenting visits for billing. Her role reflects the CNS's ability to deliver expert, efficient care in high-acuity environments while also contributing to research, patient flow, and quality initiatives.

Dina's work in the RME unit exemplifies how CNSs are redefining what advanced practice can look like within interdisciplinary teams. Her practice not only enhances timely access to emergency care, but also demonstrates the unique contributions CNSs make in optimizing care delivery. As UVA Health continues to invest in the professional development and clinical advancement of its CNS team, models like Dina's lay the groundwork for broader integration of full-scope CNS practice across the system.



# New and Expanded APP-led Programs

## Tammy Tedsen, AG-ACNP, Leads Innovative APP-Driven Iron Deficiency Anemia Clinic in Oncology

**Tammy Tedsen, AG-ACNP**, has spearheaded the development of an Advanced Practice Provider-led Iron Deficiency Anemia (IDA) Clinic within the UVA Health Infusion and Specialty Care Center, expanding upon foundational work initiated by Susie Herndon. Now in its second year, the clinic manages a growing patient roster of approximately 350 individuals with complex anemia cases, including patients with diverse health backgrounds ranging from autoimmune diseases to nutritional deficiencies.



**Tammy Tedsen**  
**AG-ACNP**

Operating independently under the Division of Hematology-Oncology, Tedsen's clinic addresses a critical and often underdiagnosed condition that disproportionately affects adults, particularly among people of color. With anemia impacting quality of life and health outcomes, the clinic fills a vital gap in care by providing specialized evaluation and treatment tailored to each patient's unique needs.

Through this work, Tedsen has developed collaborative relationships across specialties and has become a recognized leader, frequently consulting with external groups seeking to establish their own IDA clinics and lecturing at conferences to raise awareness about the significant impact of iron deficiency anemia on patient health.

# New and Expanded APP-led Programs

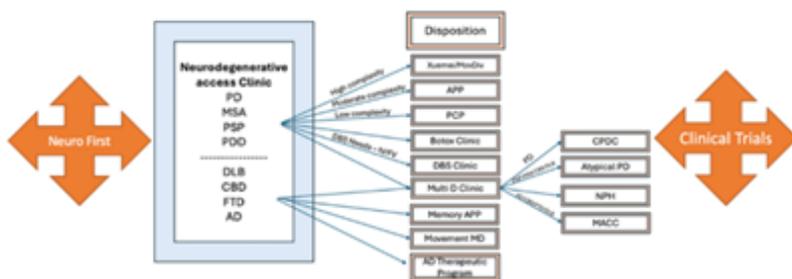
## Alexander King, AG-PCNP, Leads Innovative APP-Led Parkinson's Disease Access Clinic at UVA Neurology

From April to June 2025, UVA Neurology successfully piloted a Parkinson's Disease Access Clinic, co-led by Nurse Practitioner Alexander King alongside movement disorder specialists Dr. Xuemei Huang and Dr. Binit Shah. Serving 104 patients during the three-month period, the clinic significantly reduced wait times by nearly a month, providing timely access to specialized care and cutting-edge research opportunities.



The clinic's team-based approach combined the APPs' longitudinal care expertise with movement disorder specialists' diagnostic skills, also offering a structured educational experience for fellows. Patient satisfaction was outstanding, with over 95% reporting positive experiences and strong willingness to recommend the clinic. Providers universally endorsed the model as well.

### Envisioning a New Model for Movement Cognitive Ambulatory Care Service Lines



Building on this success, UVA plans a second pilot this fall aimed at enhancing operational efficiency and training. This innovative clinic represents a key step in UVA Neurology's "Neuro First" initiative launching in August 2025, designed to streamline patient access to neurology services and expand pathways into subspecialty care and clinical research.



**Alexander King**  
AG-PCNP

# New and Expanded APP-led Programs

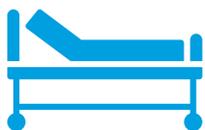
## Bariatric APP Team Expands Services to Culpeper and Launches Innovative Protocol for High-Risk Patients

The Advanced Practice Providers (APPs) in the Bariatric Surgery Program are expanding their reach to Culpeper, increasing access to specialized obesity care in the region. As part of their ongoing commitment to advancing treatment for patients with severe obesity and complex metabolic conditions, the team has also instituted a novel, inpatient water-only fasting protocol for select high-risk surgical candidates.

This evidence-informed protocol is reserved for adult patients with extreme obesity (BMI  $\geq 80$  kg/m<sup>2</sup>) and significant comorbidities, including elevated fasting insulin, diastolic heart failure, and hospitalization history for obesity hypoventilation syndrome. Candidates must also demonstrate strong social support and meet specific inclusion and exclusion criteria aligned with Cardiology standards.

Patients approved for the program will undergo a 2–4 week preoperative, inpatient, medically monitored water-only fast. During the fast, patients are closely evaluated with daily laboratory testing, nutritional and physical function assessments, mental health screening, and interdisciplinary consultations. The goal is to optimize surgical candidacy and reduce perioperative risk through controlled metabolic intervention.

Final surgical plans, such as single or staged procedures (SADI or RYGB), will be determined through a collaborative decision-making process between the bariatric surgeon and the care team. This initiative reflects the APP team's leadership in advancing multidisciplinary, patient-centered care for those with the most severe and high-risk presentations of obesity.



**Admission**



**Water-only Fast  
(2–4 weeks)**



**Daily Monitoring**



**Mental Health & Team  
Consults**



**Surgical  
Planning**

# New and Expanded APP-led Programs

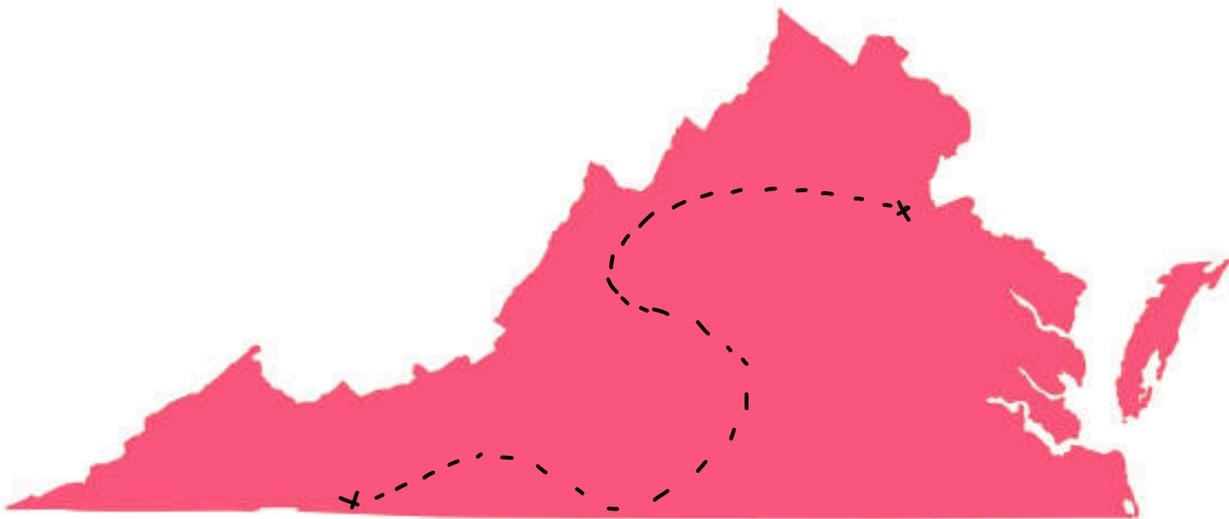
## UVA Health Expands APP Workforce to Include Licensed Clinical Social Workers, Strengthening Mental Health Services Across Virginia

In response to the growing demand for mental health services, UVA Health is proud to announce the formal integration of Licensed Clinical Social Workers (LCSWs) into the Advanced Practice Provider (APP) workforce within the Center for Advanced Practice (CAP). This strategic initiative underscores UVA Health's commitment to delivering comprehensive, accessible, and evidence-based behavioral health care to communities across the Commonwealth.

Recognizing the vital role LCSWs play in addressing diverse mental health needs, CAP has prioritized expanding this workforce over the past year. Efforts have focused on identifying areas of greatest clinical need, enhancing recruitment and retention strategies, and investing in professional development opportunities to support long-term career growth.

LCSWs bring unique skills and expertise to our multidisciplinary teams. By expanding their presence within our APP workforce, we're enhancing our ability to provide timely, patient-centered care to those who need it most.

This expansion marks a significant step forward in UVA Health's mission to increase access to mental health services and strengthen its behavioral health infrastructure. CAP will continue to grow its LCSW team to ensure more patients receive the right care, at the right time, close to home.



# New and Expanded APP-led Programs

## UVA Health Brings Care to the Community with New Mobile Care Unit



To improve access and reduce health disparities across Central Virginia, UVA Health has launched a Mobile Care Unit—a fully equipped clinic on wheels—bringing essential healthcare services directly to communities that face barriers to traditional care.

Supported by \$347,000 in federal funding, the mobile unit is staffed by a dedicated, multidisciplinary team from UVA Health and the UVA School of Nursing, including nurses, paramedics, population health providers, patient access specialists, interpreters, and pharmacy team members. Recently, Amy Boitnott FNP has been named as co-medical director of this innovative clinic. Together, they offer services such as general check-ups, chronic disease management, pediatric and women's care, lab testing, and more.

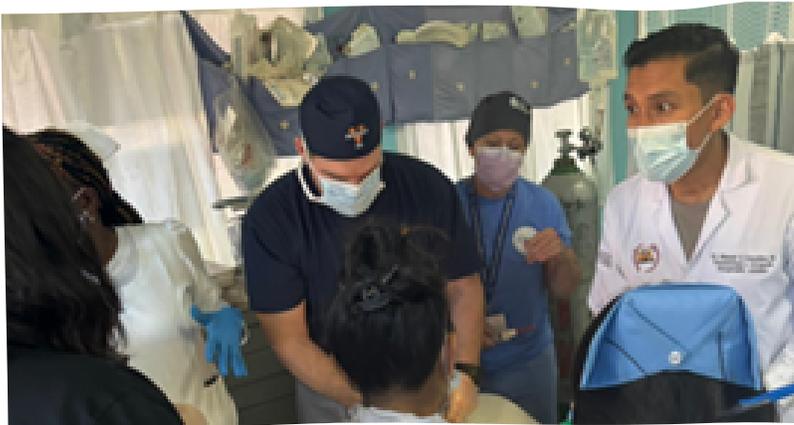
Designed for flexibility and inclusion, Mobile Care serves patients at all stages of need—whether they lack a regular provider, need timely non-emergency care, or prefer the unit as their primary care source. Using a data-driven approach, the team identifies areas with unmet needs and works to improve outcomes by reducing barriers like transportation, cost, and time.

Now making regular visits to Fifeville and Southwood neighborhoods in Charlottesville, the unit accepts both appointments and walk-ins. It's a key part of UVA Health's broader mission to cultivate healthy communities—not just within clinic walls, but wherever care is needed most.

# New and Expanded APP-led Programs



## CRNAs in Action: Advancing Health Through Global Missions and Local Service



In alignment with UVA Health's mission to cultivate healthy communities, the Certified Registered Nurse Anesthetist (CRNA) team remains deeply committed to serving both local and international populations through sustained outreach and volunteerism.



Through a dedicated Global Health Initiative, UVA supports six CRNAs each year to participate in one week of international mission work. This pilot program not only extends high-quality care to global communities in need but also fosters team cohesion and staff well-being—enabling CRNAs to bring back renewed purpose and insight to their work at home.



Locally, the CRNA team is actively engaged in a pipeline of community events designed to promote health, education, and access. Volunteer CRNAs regularly participate in initiatives such as providing blood pressure screenings, mentoring high school students exploring healthcare careers, supporting local food banks, and more. These efforts reflect UVA Health's broader vision of service and its commitment to developing well-rounded healthcare professionals who extend their impact beyond hospital walls.

# New and Expanded APP-led Programs

## UVA Health Genetic Counselors Expand Impact Through Leadership, Growth, and Innovation

As genetics becomes increasingly central to modern medicine, UVA Health's Genetic Counseling team continues to lead the way—supporting patients, clinicians, and the health system through expert guidance in medical genetics and personalized care.

Genetic counselors are advanced practitioners trained in both medical genetics and counseling. They help patients understand complex genetic test results in the context of personal and family history and guide informed decision-making in specialties such as oncology, pediatrics, and cardiology. At UVA Health, these professionals play a vital role not only in clinical care, but also in research, education, and health system strategy—working both in person and via telehealth to reach patients across Virginia.

### Strategic Growth and Leadership Development

In FY25, the Genetic Counseling team made significant strides in professional development and strategic system alignment. Team members participated in high-impact leadership programs to further strengthen clinical teams and patient care environments:

- Mackenzie Trapp and Caitlin Barnes completed the Pediatric Leadership in Academic Medicine course, advancing their skills in conflict resolution, team dynamics, and strategic goal-setting.
- Shelley Towner graduated from UVA's Health Leadership Institute (Cohort 3), where her capstone project on provider wellness was selected for presentation to the entire cohort—underscoring the team's dedication to building a sustainable and supportive care environment.

### Rising Demand and Clinical Impact in Oncology and Cardiology

In line with national trends, UVA Health has seen a surge in demand for genetic counseling—especially in oncology and cardiology.

- **Oncology Genetic Counseling:** With expanded testing guidelines, tumor profiling, and the rise of personalized therapies, oncology referrals have grown dramatically. In FY25, UVA Health's oncology genetic counselors are operating at over 115% slot utilization and managing twice the national average patient volume (NSGC PSS, 2024)—a reflection of both rising need and the team's extraordinary productivity.
- **Cardiology Genetic Counseling:** Patient volume has increased by 64%, rising from 731 in FY24 to 1,197 in FY25. This growth highlights the expanding role of genetics in cardiovascular disease management and UVA Health's commitment to meeting patient needs in this rapidly evolving field.

# New and Expanded APP-led Programs

## UVA Health Genetic Counselors Expand Impact Through Leadership, Growth, and Innovation

### Operational Innovation and Sustainability

To ensure the long-term impact and sustainability of genetic services, the team also partnered with a consultant to support implementation of a new billing code—optimizing operational efficiency as the service line grows.



**Mackenzie Trapp**

**GC**



**Caitlin Barnes**

**GC**



**Shelley Towner**

**GC**

# New and Expanded APP-led Programs

## Statewide APP Leaders Convene to Advance Practice and Collaboration



In January, UVA Health was honored to host Advanced Practice Provider (APP) leaders from across Virginia for a roundtable discussion focused on shared opportunities and challenges in advancing APP practice. Leaders representing Sentara, Centra Lynchburg, Mary Washington, and VCU joined in person, while colleagues from Riverside and INOVA were unable to attend this session.

During the meeting, participants engaged in robust dialogue covering topics such as APP organizational structures, credentialing and privileging, recruitment and onboarding strategies, shared governance, system navigation, and career pathway development. While the group acknowledged that not every challenge could be solved in one session, the discussion affirmed the common experiences across institutions and generated actionable ideas to strengthen the profession statewide.

These collaborative conversations serve two important purposes: they highlight the remarkable progress achieved in a relatively short time through the dedication of APP professionals, and they underscore the continued work ahead to advance practice and support APP teams.

The group plans to continue meeting quarterly with rotating host sites to foster inclusive engagement and shared learning. Updates will be provided as this collaborative effort evolves and continues to drive positive change for APPs across Virginia.

# APP Professional Development, Education, and Training

**NEW Advanced Practice Fellowship in Primary, Urgent & Geriatric Care**

The PCAPPF is a 12-month fellowship for newly graduated APPs with the intention of providing immersive primary, urgent and geriatric clinical experiences. The fellows have dedicated preceptors in each clinical setting who provide direct one-on-one support and mentoring. The fellows have 6 clinic sessions per week, 2 administrative sessions and a dedicated didactic day. During the clinical sessions, the fellows provide direct patient care, have the opportunity to perform minor procedures and have specialty clinic rotations. During administrative sessions, the fellows work on scholarly projects and provide non-patient facing clinic follow up. The didactic day offers opportunities for expert lectures and peer to peer knowledge sharing experiences.

Following successful completion of the fellowship and graduation, the fellows are prepared to launch into their careers.



# APP Professional Development, Education, and Training

## UVA Health APP Fellowship Program Earns Top National Accreditation

After a rigorous four-month application process, the UVA Health Advanced Practice Provider (APP) Fellowship Program has been awarded Accreditation with Distinction by the ANCC Practice Transition Accreditation Program (PTAP)—the highest recognition for programs of its kind. This places UVA among a select group of institutions nationally recognized for excellence in APP transition-to-practice education.

Launched in 2020 by Michelle Dawson, MSN, AG-ACNP, and led in partnership with Bill Lombardi, DNP, AG-ACNP, the program offers specialty tracks in Critical Care, Neurology, and most recently, Primary Care. It features a robust curriculum blending clinical experience (70%), didactic learning (15%), and professional development (15%), with simulation training, leadership seminars, and leadership development.

The program emphasizes a supportive, interdisciplinary approach, with contributions from UVA Schools of Medicine and Nursing, clinical faculty, and executive leadership. Graduates complete quality improvement projects and emerge as confident, well-rounded providers—many going on to teach in the fellowship themselves.

With five cohorts graduated in Critical Care and four in Neurology, the program is now expanding to new specialty tracks, including a proposed flexible inpatient acute care model. Future fellows will continue to be selected not just for academic excellence, but for resilience, emotional intelligence, and adaptability—the hallmarks of successful providers.

UVA's APP Fellowship stands as a national model of innovation in APP education and professional development.



# APP Professional Development, Education, and Training

## Preparing for Growth: NICU APP Transition to Practice Program Strengthens Workforce and Reduces Reliance on Temporary Staffing

With the planned expansion to 100 beds in UVA's Neonatal Intensive Care Unit (NICU) by 2028, the need for scalable, innovative staffing solutions is more urgent than ever. In response, the NICU Advanced Practice Provider (APP) team, under the leadership of Sarah Lepore, MSN, NNP-BC (NICU APP Manager), and Sarah Curry, MSN, NNP-BC, launched the Neonatal APP Transition to Practice (TTP) Program—a structured, competency-based initiative designed to support new graduate APPs in their transition to independent clinical practice.

Launched in 2024, the program successfully onboarded five new nurse practitioners and physician assistants. Each participant completed the 6–9 month program and is now providing high-quality, independent care in the NICU. Rooted in national neonatal core competencies, the TTP program integrates individualized instruction, simulation training, clinical immersion, and dedicated mentorship. Highlights include:

Tailored didactic and procedural education

Structured clinical milestones aligned with progressive responsibility

Consistent mentorship and reflective learning

Interdisciplinary case-based and simulation learning



As illustrated in the Neonatal Milestones Progression chart, all five APPs demonstrated steady clinical growth between months 2 and 6, reflecting increasing skill, confidence, and readiness to manage high-acuity neonatal patients.

# APP Professional Development, Education, and Training

## Preparing for Growth: NICU APP Transition to Practice Program Strengthens Workforce and Reduces Reliance on Temporary Staffing

Beyond clinical development, the program has had significant operational and financial impact.

The successful onboarding of five APPs has allowed for a direct reduction in traveler full-time equivalents (FTEs) in 2025, translating to substantial workforce cost savings and enhanced team cohesion.

The Neonatal APP TTP Program is now a critical component of UVA NICU's strategy to ensure workforce sustainability, optimize care delivery, and prepare for future expansion.

By investing in structured, supportive training, UVA Health is cultivating a resilient and highly capable APP team ready to meet the needs of its most vulnerable patients.



**Sarah LePore**  
RN, MSN, NNP



**Sustainability**



**Cost Savings**



**Team Cohesion**

# APP Professional Development, Education, and Training

## Bridging Bedside and Systems: Dina Hood Sets the Standard for Clinical Preceptorship

Dina Hood, MSN, CNS, has been nominated for the 2025 UVA School of Nursing Outstanding APRN Student Preceptor Award in recognition of her exceptional contributions to advanced practice nursing education and clinical leadership. Widely regarded as a role model in the UVA Emergency Department, Dina exemplifies the highest standards of mentorship, system thinking, and compassionate leadership.

Across two semesters, Dina mentored Clinical Nurse Specialist students through personalized, high-impact learning experiences—bridging academic theory with real-world complexity. Her approach blends deep clinical expertise with strategic innovation, guiding students through system-level projects that included blood transfusion policy reform, Geriatric Emergency Department Accreditation, and EHR optimization. Her ability to mentor across all three spheres of CNS impact—patient care, nursing practice, and organizational systems—sets her apart as an influential leader and educator.

Students describe Dina as purpose-driven, empathetic, and trailblazing—a mentor whose guidance has not only shaped their clinical acumen but redefined their professional aspirations. One student, a military veteran returning to service, noted:

*“Dina doesn’t just teach—she transforms. She showed me what I want to be when I grow up.”*

In addition to her mentorship, Dina continues to lead quality improvement and education initiatives within the ED, including onboarding of new nurses, medication reconciliation efforts, and piloting new clinical devices. She is a cornerstone of the nursing team—offering hands-on support during clinical surges, championing evidence-based practice, and driving system change with humility and vision.

Dina being selected as a finalist and recipient of the award this year is a testament to the strength of her nomination and the meaningful impact she has on both students and the broader healthcare system. Her work continues to inspire future advanced practice providers and elevate nursing practice across all levels.



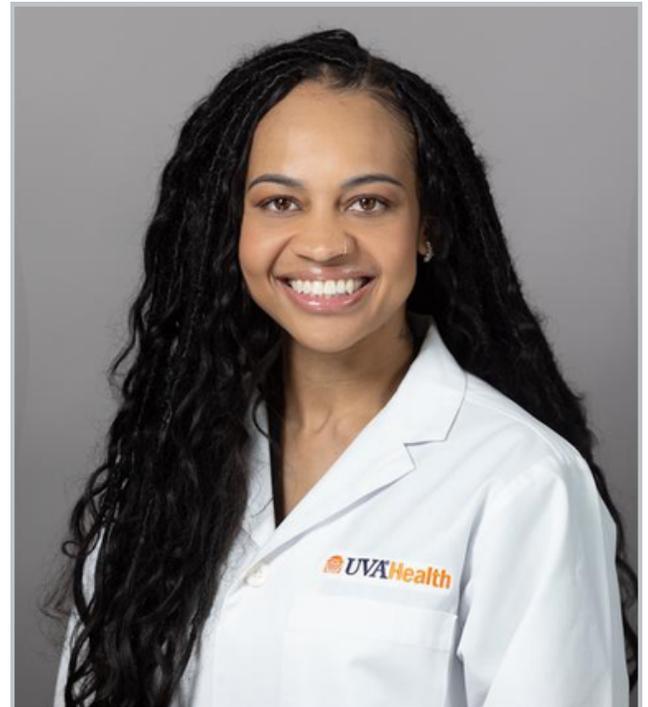
**Dina Hood**  
**CNS, MSN**

# APP Professional Development, Education, and Training

## Where Practice Meets Pedagogy: Jeanel Little Reshapes UVA's AGACNP Program

Jeanel Little, DNP, AGACNP-BC, is redefining what it means to connect education with practice. As a practicing nurse practitioner in UVA's Medical ICU and the AGACNP Specialty Lead within the UVA School of Nursing, Jeanel has played a critical role in reshaping the Adult-Gerontology Acute Care Nurse Practitioner (AGACNP) program through a unique partnership between the Center for Advanced Practice (CAP) and the School of Nursing.

For the past two years, Jeanel has served in a leased faculty role, enabled by a collaborative agreement that strategically reduces her clinical time to allow for sustained academic leadership. This structure ensures the AGACNP curriculum remains grounded in real-time clinical realities while upholding the rigor of graduate-level nursing education.



**Jeanel Little**  
**AG-ACNP**

Under Jeanel's guidance, the AGACNP program has evolved to reflect current ICU standards, better preparing students for advanced practice in complex, high-acuity settings. Her leadership exemplifies the value of having active clinicians shape academic programs, ensuring graduates are both clinically competent and practice-ready from day one.

Inspired by Jeanel's success, CAP and the School of Nursing are exploring additional joint initiatives aimed at strengthening clinical education and optimizing care delivery across the health system. Her work sets a precedent for how academic-clinical integration can drive excellence in advanced practice nursing.

# APP Professional Development, Education, and Training

## UVA Health Explores Internal Traveler Program for CRNAs: Advancing Innovation in Patient Care and Workforce Strategy

UVA Health is exploring the development of an Internal Traveler Program for Certified Registered Nurse Anesthetists (CRNAs). This forward-thinking strategy is designed to reduce reliance on costly Locum providers while maintaining exceptional standards of patient care. Spearheaded by Lindsey Sites, Lead CRNA in Perioperative Services, the initiative establishes a potential framework for creating greater workforce flexibility and supporting sustainable staffing solutions for the health system.

The program concept was developed in response to national anesthesia workforce shortages and rising demand across procedural areas. Through close collaboration with UVA Health executive leadership, finance, legal, and anesthesia departments, this strategy aims to build a scalable framework that could generate significant cost savings while also enhancing UVA Health's ability to respond to patient volume with agility and quality assurance.

We recognize Lindsey's visionary leadership and commitment in identifying this opportunity and helping design an approach that aligns fiscal stewardship with patient care excellence.



**Lindsey Sites**  
MSN, CRNA

# APP Professional Development, Education, and Training

## Kierah Barnes Champions APP Growth with Launch of UVA Health's ASPIRE Program



**Kierah Barnes**

**DNP, RN, AGACNP, CCRN-CSC, CMC**

UVA Health is proud to spotlight the APP ASPIRE Program, a visionary initiative created by Kierah Barnes, DNP, AGACNP-BC, to support the ongoing professional growth and recognition of our Advanced Practice Providers (APPs). This innovative program provides quarterly awards of up to \$1,000 to selected applicants, empowering APPs to pursue continuing education, conference participation, and other professional development goals.

Now entering its second year, ASPIRE reflects Kierah's deep commitment to recognizing clinical excellence and fostering scholarly engagement across the APP community.

Through ASPIRE, UVA Health celebrates the many APPs who are presenting research, advancing academic credentials, and participating in national conversations that shape the future of healthcare.

With 10 awards available each fiscal year and support for meaningful, career-elevating opportunities, the ASPIRE Program is helping to build a stronger, more dynamic APP workforce.

***Next application deadline: September 30, 2025.***

# APP Professional Development, Education, and Training

## UVA Health Expands Access to Free Continuing Education for APPs Through Relias

UVA Health is pleased to announce that all Advanced Practice Registered Nurses (APRNs), Physician Assistants (PAs), and Audiologists now have free access to Relias—a leading online platform for continuing education and professional development in healthcare.

Relias offers a wide range of accredited, self-paced courses designed to support lifelong learning, meet licensure and certification requirements, and advance clinical expertise. Whether you're aiming to earn CE credits, stay updated on the latest clinical practices, or deepen your knowledge in a specialty area, Relias provides flexible education tailored to your role and scope of practice.

“This new offering reflects our ongoing commitment to professional growth and clinical excellence,” said Kierah Barnes. “We’re excited to support our APPs with tools that help them thrive in their careers and deliver outstanding patient care.”

*Please note: While Relias access has been extended to most APPs, educational content for Genetic Counselors (GCs) is not currently included in this platform.*

We encourage all eligible APPs to take advantage of this valuable resource and explore the many opportunities available for professional development and continuing education.

# APP Professional Development, Education, and Training

## Exploring a Professional Protected Time (PPT) Program

UVA Health is exploring the development of a Professional Protected Time (PPT) Program for Advanced Practice Providers (APPs).

The goal of this initiative is to provide APPs with structured, compensated time outside of routine clinical care to engage in activities such as research, education, leadership, or quality improvement.

While details are still being finalized and vetted with clinical departments and stakeholders, the concept aims to create opportunities for APPs to contribute to UVA Health's mission in innovative ways. If implemented, projects could include developing clinical policies, advancing scholarly work, or supporting institutional initiatives.



Updates will be shared as the program evolves, and additional information on eligibility, scope, and timelines will be communicated once finalized.



# APP Council and Shared Governance

## UVA Health Center For Advanced Practice Governance and Structure

The Advanced Practice Provider (APP) Council has further formalized its structure by implementing updated charters across all related committees. The Council continues to strengthen its role as a centralized platform for addressing key issues impacting APPs, including compensation, wellness, and professional practice standards.

## UVA Health Center For Advanced Practice APP Council Accomplishments 2024-2025

**UVA APP Research Committee** - has launched a series of initiatives to enhance the visibility and impact of Advanced Practice Provider (APP) scholarship. CAP branding for PowerPoint and conference poster presentations has been completed, with templates now available on the CAP intranet. A quarterly schedule has been initiated to spotlight APP scholarly work through the CAP intranet, ReCap, and HS Announcements. Additionally, a scholarly activity survey has been distributed to better understand the scope and volume of APP contributions to academic work across the system.

**UVA APP Mentorship Committee** - continues to invest in the growth and development of its Advanced Practice Providers (APPs) through new and expanded initiatives. The second cohort of the APP Mentorship Program has officially launched, alongside the development of a targeted mentorship track designed to support APPs pursuing leadership roles within the organization.

**UVA APP Recognition Committee** - continues to foster community and recognition for its Advanced Practice Providers (APPs). A successful Spring Social was hosted at Random Row on May 29, 2025, bringing APPs together to connect and celebrate their contributions. Planning is actively underway for APP Appreciation Week this September, with UVA Health also proudly selected as the host site for National APP Week in September 2026 — a reflection of its leadership and commitment to advancing the APP workforce nationwide.

**UVA APP Onboarding, Orientation, and Education Committee** - has strengthened its commitment to supporting new Advanced Practice Providers (APPs) by developing and implementing a comprehensive onboarding manual now in active use across the system. In collaboration with individual departments, the team is also creating customized onboarding guides tailored to specific clinical settings. To further improve the onboarding experience, a 30-60-90 day feedback tool is currently in development, aimed at capturing insights and enhancing the overall integration process for new APPs.

# APP Council and Shared Governance

## UVA Health Center For Advanced Practice APP Council Accomplishments 2024-2025

**UVA APP Wellness Committee** - is prioritizing the wellbeing of its Advanced Practice Providers (APPs) through a series of coordinated efforts. The team recently completed the Wisdom and Wellbeing Quick Check (WWQC) survey and is forming targeted task forces to address key findings. In parallel, partnerships with institutional wellness initiatives are expanding access to mental health and resilience resources for APPs. These efforts were further highlighted during participation in the APP Wellness Day on July 31st, underscoring the organization's ongoing commitment to APP support and wellbeing.

**UVA APP Social Media Committee** - has taken significant steps to enhance communication and visibility for its Advanced Practice Providers (APPs). A newly updated, user-friendly APP website has launched, featuring accurate, interactive resources to support APPs across the organization. In addition, an official APP Instagram account is now live, creating a dynamic platform to increase engagement, celebrate achievements, and build a stronger sense of community.

**UVA APP Advocacy Committee** - is advancing efforts to educate the broader healthcare community about the vital role, scope of practice, and contributions of Advanced Practice Providers (APPs) in delivering high-quality patient care. Through targeted outreach and systemwide initiatives, the organization is working to enhance understanding, promote collaboration, and elevate the visibility of APPs across all areas of healthcare delivery.

**UVA APP CARES Committee** - dedicated to serving our local community through ongoing volunteerism and charitable initiatives. Each year, the committee organizes multiple donation drives, including an annual food drive to benefit the Blue Ridge Area Food Bank and seasonal clothing and supply drives for The Haven, a local shelter supporting individuals experiencing homelessness. During Maternal Health Week, the committee contributes to an annual diaper drive to support families in need, helping to address a critical resource gap for new parents.

Beyond donation-based efforts, the UVA APP CARES Committee actively engages in hands-on volunteer work. Members regularly contribute time to Habitat for Humanity, helping build safe and affordable housing, and participate in community outreach initiatives aimed at promoting health, wellness, and support for underserved populations. Through these ongoing efforts, the committee not only strengthens ties with the community but also fosters a culture of compassion, generosity, and social responsibility among our advanced practice providers.

# APP Council and Shared Governance

UVA Health Center For Advanced Practice APP Council Accomplishments 2024-2025



# APP Council and Shared Governance

## APP Spring Social Brings Colleagues Together for Connection and Community

UVA APP Recognition and Engagement Committee hosted its APP Spring Social at Random Row in May, bringing together Advanced Practice Providers from across the institution for an evening of connection, conversation, and celebration. The event offered a welcome opportunity to unwind and build relationships in a relaxed setting.

Special thanks to the Recognition Committee for their outstanding work in organizing the event, and congratulations to Erika Zantzing, winner of the door prize—a \$50 gift certificate to Tavola.

We hope to see even more APPs at our next social gathering—an excellent chance to meet colleagues and grow your network across the health system.



# APP Council and Shared Governance

## CARES Committee and TCVICU APP Lead Day of Service to Support the Community

On June 4, members of the CARES Committee—alongside Amanda Willis, APP from TCVICU—joined forces for a hands-on day of service with Habitat for Humanity in the Southwood community. This two-day volunteer build, organized by Willis in partnership with the APP Council’s CARES Committee, brought together an interdisciplinary group of volunteers, including attending physicians, APPs from various specialties, supportive family members, and even young adult children.

Working side-by-side with local residents and community representatives, the team helped construct safe, affordable housing for families in need—deepening their understanding of the neighborhood and reinforcing UVA Health’s commitment to care beyond the bedside. With all volunteer slots filled, the event was a powerful reminder of the lasting impact of collective action.

More than just a build, the experience offered participants a chance to connect outside of their clinical roles, strengthen interprofessional bonds, and contribute to the long-term success of a community many of UVA’s patients call home.

This effort marks the beginning of what the team hopes will be an ongoing tradition of service—demonstrating the true heart of healthcare: compassion, collaboration, and community.



# APP Council and Shared Governance

## UVA Health APP Social Media Reaches New Heights Thanks to Creative Leadership

UVA Health’s Advanced Practice Provider (APP) social media presence has seen remarkable growth and engagement in 2025—thanks in large part to the creativity and dedication of Rhoda Shulaw, MSN, ACNP whose video content has significantly elevated our visibility and connection with the community.

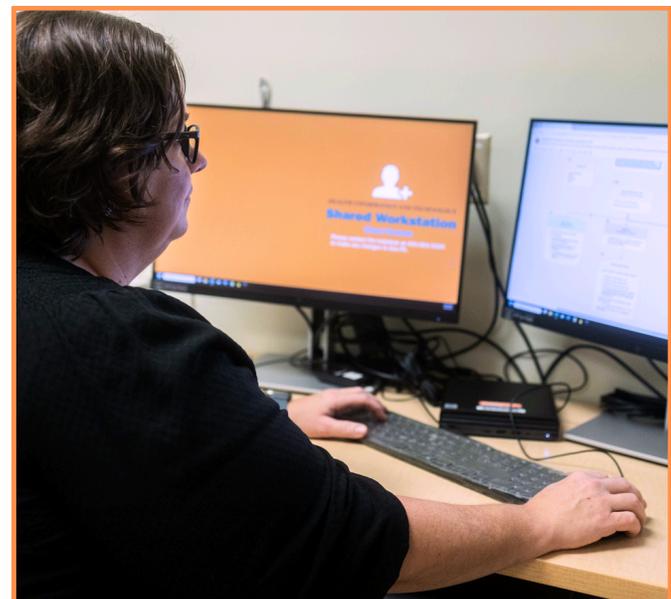
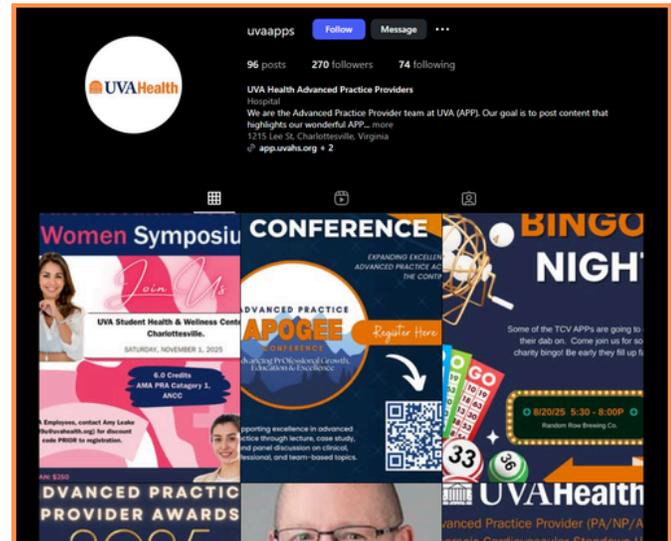
Through compelling and authentic storytelling, Rhoda’s videos highlighting the expertise and impact of our APPs have generated more than 45,000 total views on Instagram. Notably, 61.4% of viewers are current followers, while 38.6% are new viewers discovering our content organically—a clear indicator of its broad appeal and shareability.

So far this year, our content has reached over 2,200 unique Instagram accounts, expanding awareness of the vital work our APPs do across UVA Health.

“Social media is a powerful platform for telling the real stories of advanced practice,” said Rhoda Shulaw. “It’s exciting to see our work resonate with so many people and help shine a light on the APP community.”

Rhoda’s creative leadership continues to build a strong digital presence for our APP team—celebrating our providers, increasing public engagement, and fostering pride across the organization.

Follow along and be part of our growing online community: <https://www.instagram.com/uvaapps/>



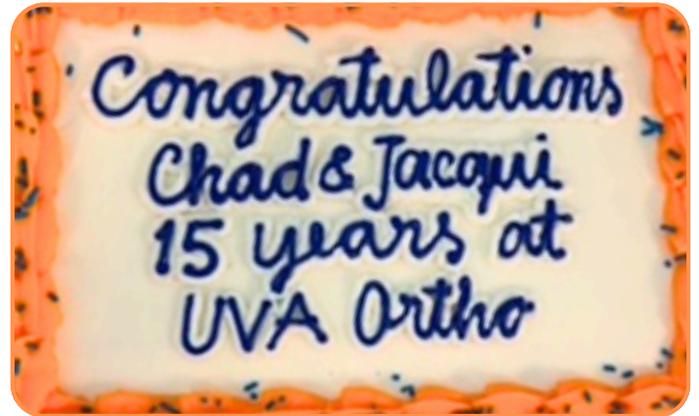
# APP Council and Shared Governance

## UVA Orthopedics Celebrates 15 Years of Dedicated Service and Partnership with Chad and Jacqui Wilson

This year, the UVA Department of Orthopedics proudly celebrates the 15-year work anniversary of Advanced Practice Providers Chad and Jacqui Wilson. Fresh out of PA school, the couple took a bold leap of faith by accepting positions at UVA and relocating to Charlottesville before even passing their national board exams—a decision that has since shaped an inspiring journey of professional and personal growth.

Remarkably, this milestone also marks 15 years of marriage and 15 years working alongside their respective orthopedic attendings, Dr. Weiss and Dr. Browne, both of whom also began their UVA careers in 2010. Their story is a true testament to dedication, teamwork, and the strong community spirit that defines UVA Orthopedics.

Congratulations to Chad and Jacqui on this incredible achievement!



# APP Council and Shared Governance

## Lara Myers, NP, Celebrates 25 Years of Dedicated Service at UVA Health

UVA Health proudly celebrates Nurse Practitioner Lara Myers on her remarkable 25-year work anniversary. To mark the occasion, the Sunshine Committee surprised her at the Orthopedic Center with balloons and cake, honoring her long-standing commitment and contributions to patient care.

Throughout her distinguished career, Lara has served across multiple specialties—including transplant, neurosurgery, and orthopedics—leaving a lasting impact on patients, colleagues, and the broader UVA Health community. Her dedication, clinical expertise, and mentorship have helped shape the careers of numerous healthcare professionals and enhanced the care experience for countless individuals.

Congratulations, Lara, and thank you for 25 years of exceptional service!



## Craig Thomas Celebrates 25 Years of Service at UVA Health

UVA Health is proud to recognize Craig Thomas on his 25-year work anniversary—a remarkable milestone that reflects his long-standing dedication and contributions to the organization. Craig's commitment over the past two and a half decades has made a lasting impact, and we're thrilled to celebrate this achievement with him.

While we're still waiting to confirm whether he shared any of the celebratory cake, we didn't want to miss the chance to give him a well-deserved shoutout. Congratulations, Craig, and thank you for 25 incredible years!



# APP Research and Scholarly Work

## 2024 APOGEE Conference Showcased APP-Led Innovation and Research

The 2024 APOGEE Conference, brought together Advanced Practice Providers (APPs), clinicians, and researchers from across UVA Health to share cutting-edge research, innovative practice models, and scholarly work in healthcare delivery.

Following an extended abstract submission deadline, participants submitted a wide range of projects—including completed studies, theoretical frameworks, and methodological innovations. Authors of accepted abstracts presented their work through engaging poster sessions and oral presentations, fostering rich dialogue and cross-disciplinary collaboration.

This year's conference underscored the growing impact of APPs in clinical research and health system improvement. With strong attendance and enthusiastic participation, the 2024 APOGEE Conference marked another successful chapter in advancing professional development and scholarship across UVA Health.

Special thanks to the Planning Committee and to all who submitted, presented, and attended.



# APP Research and Scholarly Work

## Driving Innovation at the Point of Care: AgileMD Flourishes at UVA Health

UVA Health is leading the way in clinical innovation with the successful implementation of AgileMD, a dynamic point-of-care tool that integrates seamlessly into Epic to support evidence-based decision-making.

AgileMD delivers clinical pathways, protocols, and algorithms directly within the electronic health record, allowing clinicians to act quickly and confidently without navigating away from the chart. Since its rollout, the platform has seen rapid adoption across Emergency and Inpatient Medicine services, with:

- **6,800+ pathway opens**
- **2,300+ patients impacted**
- **333 unique users**, including physicians, APPs, pharmacists, residents, medical students, and nurses

High-traffic tools like the Chest Pain – Suspected ACS pathway and TIA pathway have been accessed hundreds of times, underscoring the platform’s clinical value.

The implementation has been championed by Rhoda Shulaw, MSN, ACNP, whose clinical insight and digital leadership brought together IT, pharmacy, governance, and frontline providers to ensure successful adoption. Rhoda’s work reflects the power of digitally fluent Advanced Practice Providers to lead high-impact innovation at the bedside.

AgileMD’s flexibility enables real-time updates, local customization, and use across mobile and desktop devices — making it ideal for today’s fast-paced care environment.

With continued pathway development and future expansion into ambulatory care, AgileMD is helping UVA Health deliver smarter, faster, and safer care.

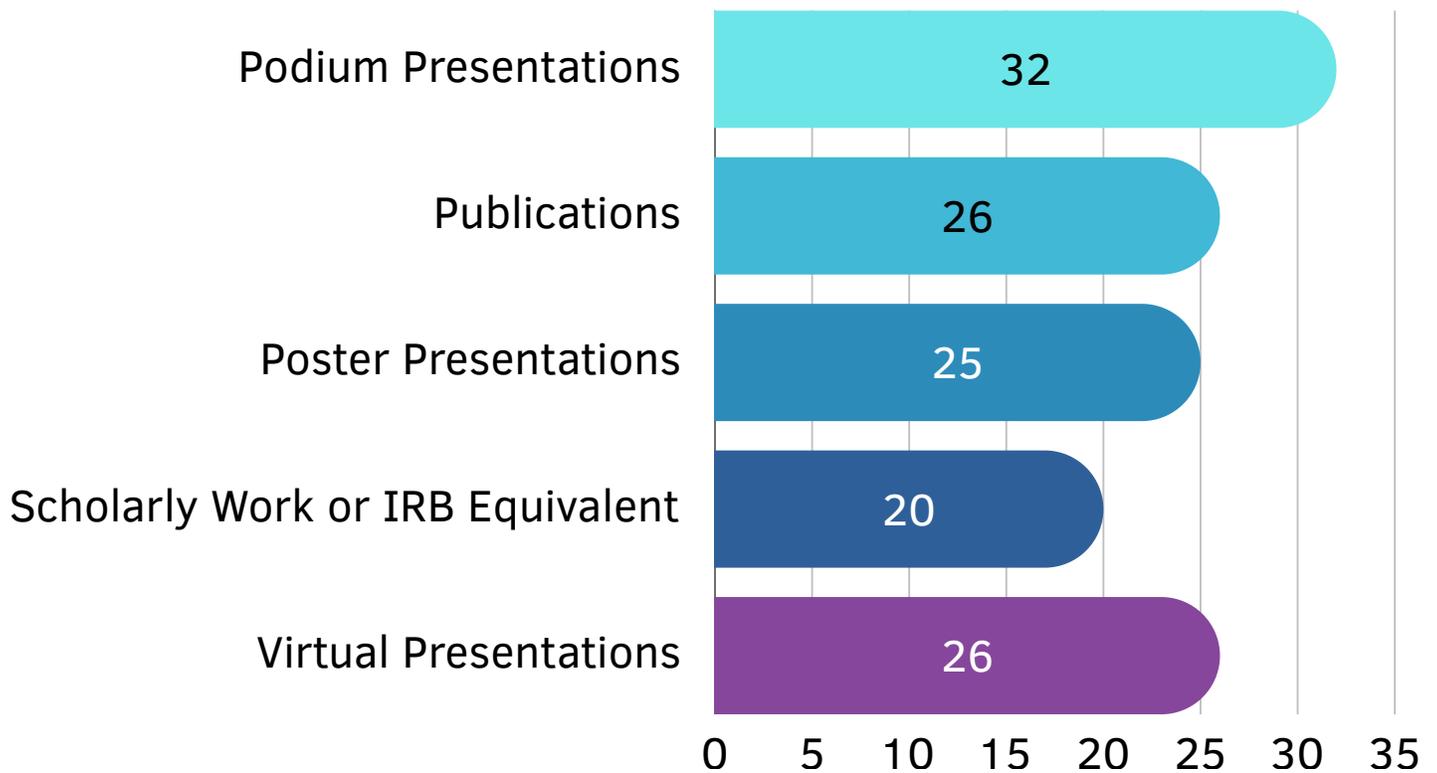
Check out the UVA Health Center for Advanced Practice APP Full Research and Scholarly Work

[\[HERE\]](#)

# APP Research and Scholarly Work

This snapshot highlights the breadth of scholarly contributions made by UVA Health Advanced Practice Providers during FY24–25.

## FY24–25 Scholarly Output (Totals)

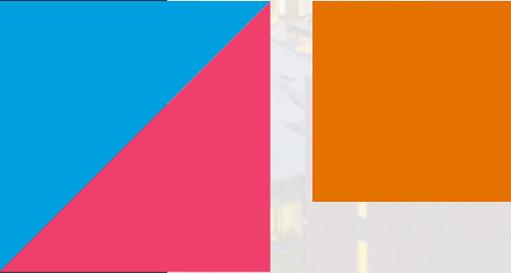


# CENTER FOR ADVANCED PRACTICE

Advancing Care. Inspiring Innovation. Empowering APPs.

Thank you to our APPs, faculty, staff, and partners  
who make this work possible.

Looking Ahead: Building on this year's progress to  
expand opportunities in research, education,  
leadership, and quality improvement.



# 2025 Annual Report



APP.UVAHS.ORG

