

The Weekly ReCAP

Week of March 3, 2024

CAP Mission: Transforming health through meaningful connections.

CAP Vision: To be the most innovative advanced practice center driving connections that elevate clinical practice, research, education, and leadership.

Hi APPs!

I want to take this opportunity to recognize two new members of the CAP leadership team.

First, Mahesh Murugesan has started this past week in the role of APP Manager for the inpatient cardiology services, which includes acute cardiology, CTU, and the acute heart failure service. Mahesh was our APP Council President last year and has also served in an assistant lead role for the cardiology APP team. This new role will focus on optimizing our APP practice in these areas and help ensure that our patients receive the highest quality care. Sue Waters, who has previously managed this team will continue to be in the APP Manager position for the outpatient cardiology team and focus on continued program growth. The rapid growth in APPs in these teams over the years has necessitated this additional position.



Our other new leader is Christen Bird, who has started this past week in the role of APP Director for the Heart and Vascular Service Line APPs. Christen comes to us from the Mayo Clinic in Scottsdale, where she was in a manager role for inpatient cardiology APPs, including heart failure. She is a graduate of an APP fellowship program in cardiology, and has previous nursing experience in both critical and acute care in up-state NY. Christen will partner with the service

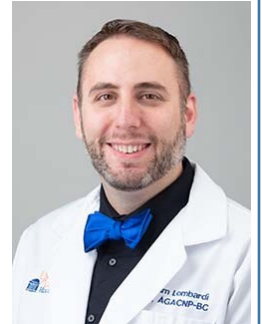


line leadership to manage our APP workforce in the service line to meet strategic business and growth needs. The APP Managers over cardiology and TCV services both inpatient and outpatient will report to her. She will focus these first few weeks on orienting to UVA and her new role, before taking on her clinical role within the acute care cardiology team.

Please join me in congratulating these new leaders and supporting them in their new roles. As for our current director searches, I will update you as we start to review candidates and schedule interviews.

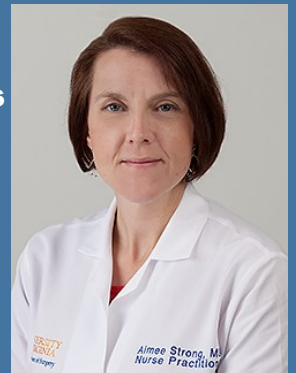
Have a great week!

- Bill



Recognition Corner

Congratulations to Aimee Strong NP in accepting the position of co-chair for the Virginia Lung Cancer Roundtable, as part of the Cancer Action Coalition of Virginia. The purpose of the roundtable is to increase lung cancer screening rates in Virginia by increasing partnerships across the state, decreasing disparities in the community, provide education to the healthcare work force, and support the initiation of new screening programs. Great work, Aimee!



The Weekly ReCAP

DEI Committee Update

March is Women's History Month, with International Women's Day having occurred on 3/8! There are many events to celebrate Women's History, as well as the many other cultural and religious events happening this month. Please see the list below!

Celebratory Days

- ♦ March 10 – Harriet Tubman's Birthday (Observed): The Moses of her people, this American abolitionist helped others gain freedom as a conductor of the Underground Railroad. She also served as a spy, scout, guerrilla soldier, and nurse for the Union in the Civil War despite only being paid \$200.
- ♦ March 10 – Ramadan: The arrival of Ramadan, the ninth month of the Islamic calendar, brings forth a month of fasting, praying, and reflection.
- ♦ March 21 – World Down Syndrome Day: This global day of awareness can be supported by wearing fun socks, which is a tradition that started because Chromosome 21 strands look like socks and are unique looking.
- ♦ March 24 – Purim: This holiday celebrates the rescue of Jews by Esther from a plot to kill them. Fasting the day before Purim honors the fasting of Esther before her plea to the king for the Jewish people.
- ♦ March 25 – Holi: This Festival of Colors, Love, and Spring is an important Hindu festival celebrating the triumph of good over evil. It also celebrates the arrival of Spring and the blossom of love and hopes for a good harvest.
- ♦ March 31 – Easter: Easter celebrates the resurrection of Jesus Christ three days after his crucifixion and the end of the 40-day Lent period.

Events (click title to link to more information)

- ♦ Mar. 8 (Friday), 12:00 p.m. | [International Women's Day Panel](#)
- ♦ Mar. 11 (Monday), 12:30 p.m. | [That's the Way of the World](#)
- ♦ Mar. 13 (Wednesday), 12:30 p.m. | [Free Your Mind](#)
- ♦ Mar. 18 (Monday), 12:30 p.m. | [I Felt That: Intro to Microaggressions](#)
- ♦ Mar. 20 (Wednesday), 12:30 - 2:00 p.m. | [Can We Talk?: Intro to Dialogue](#)
- ♦ Mar. 25 (Monday), 12:30 - 2:00 p.m. | [A Change is Gonna Come - Intro to Equity](#)

Last of all, we have two opportunities coming up to volunteer for community outreach.

- ♦ Mar 16, 10-2pm: Black Family Wellness Expo 2024 at the Boys & Girls Club on Cherry Ave.
- ♦ April 12, 9a-1p: Community Health Screening at Gypsy Hill Park Gym in Staunton

Please reach to Kierah Barnes if you are interested in volunteering for either event.

- The APP Council DEI Committee

The Weekly ReCAP

News You Can Use

APOGEE Conference Reminder

- ♦ The APOGEE abstract committee is seeking Advanced Practice Practitioners for the inaugural October 2024 conference. Abstract reviewers play a key role in contributing to the quality, value and reputation of the conference.
- ♦ Prospective reviewers must be available to complete 7-15 abstract reviews. An abstract rubric will be used during the reviewing process. We anticipate a time commitment of up to three hours over the summer months
- ♦ If you are interested, please contact Stephanie Good at sg4fv@uvahealth.org or Leah Wayner at lj2b@uvahealth.org for additional information, or use the following link to sign up: https://virginia.az1.qualtrics.com/jfe/form/SV_esrq0F5ppWZiXzM

APP Headshots

- ♦ Please see the dates below for times that the photo studio will be open. No appointment is needed. The photo studio is located in McKim G-045-A.
- ♦ Monday, March 11 | 8 a.m. – 11 a.m.
- ♦ Thursday, March 21 | 1:30 – 4:30 p.m.
- ♦ Tuesday, March 26 | 9 a.m. – noon
- ♦ If you want to film a video, reach out to Chelsea Santana (XAR4QA) to schedule